

Living Simply-Living Faithfully

November 28th, 2018

CatholicClimateCovenant.org



Catholic Climate Covenantsm
Care for Creation. Care for the Poor.

Living Simply-Living Faithfully

Wake us up Lord!

God of Salvation,
Wake us up Lord!

The night is nearly over.
Let us begin our Advent journey.

Move us from our lives
Of greed and selfishness,
From our globalized world
Of inequality and exploitation,
To your kingdom

Of righteousness and mercy.
To a transformed world,

Where peace is built on understanding not weapons,
The poor are empowered to live their lives to the full, Businesses are built on need not greed
And your Creation is nurtured not abused.

Wake us up Lord!

Let us live as people of the light. Amen.

Sue Cooper/CAFOD



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Control Panel >>>>

Your Participation

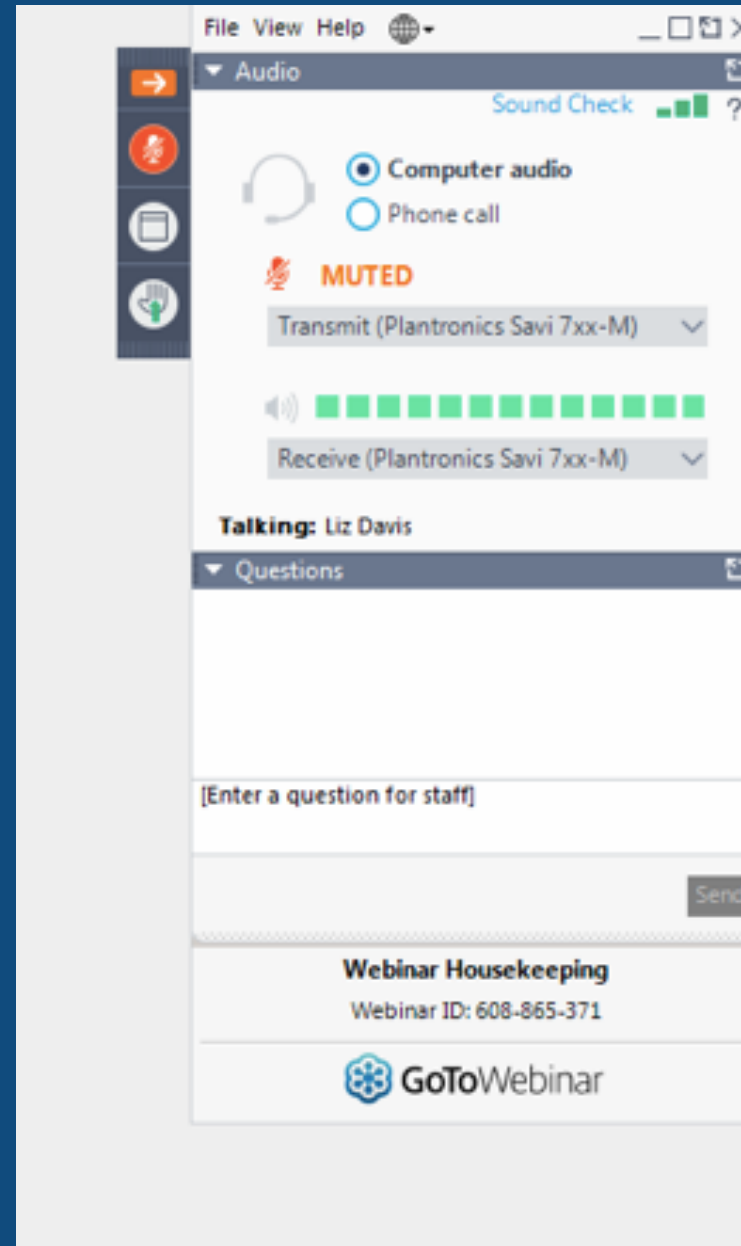
Open and close your control panel

Join audio:

- Choose **Mic & Speakers** to use VoIP
- Choose **Telephone** and dial using the information provided

Submit questions and comments via the Questions panel

Note: Today's presentation is being recorded and will be provided within 48 hours.



Living Simply-Living Faithfully



Kyle Kramer
Passionist Earth & Spirit Center



Simone Blanchard
Catholic Relief Services

Moderator: Paz Artaza-Regan, Catholic Climate Covenant



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Simple Pleasures



- Simplicity as a pathway to flourishing
- Integral Human Development

The Spirituality of Subtraction

- More, or less?
- Letting go
- Contemplative prayer



For the Love of the Poor

Gap Between Rich And Poor Named 8th Wonder Of The World

1/24/11 8:00am • SEE MORE: WORLD ▾



- Preferential option for the poor
- Complexity and Distraction

For the Love of the Earth

- Creation is God's good gift
- Our vocation: to till and keep
- Self-preservation
- Religious imagination



A pathway to flourishing

Spirituality of subtraction

For the love of the poor

For the love of the Earth



Practical Simplicity



- Boundaries around email, digital media, screen time
- Reclaiming responsibility for our own needs
- Time for relationships
- Cultivating boredom and creativity
- Mindful consumption:
 - Needs vs. wants
 - Consult over \$20
 - +1, -2
 - Use purchases to support the world you want



ETHICAL TRADE

ethicaltrade.crs.org

Agenda

- I. Ask the Questions
- II. Center Yourself
- III. Get Inspired
- IV. Alternative Giving
- V. The Power of your Purchase
- VI. CRS Ethical Trade
Holiday Gift Guide
- VII. CRS Shop and Serrv



Ask Yourself

- Will the product bring joy to my life or someone else's?
- Will my purchase affect positive change?
- Did making the product cause undue harm to the environment?
- Who made the product and where is it from? What is their life like?
- How can I keep from overindulging?

first SUNDAY OF ADVENT



■ LIGHT THE ADVENT WREATH

In the name of the Father, and of the Son, and of the Holy Spirit ... Come Lord Jesus, be our light! Grant us eyes to recognize you as we wait and watch for you in the world around us.

■ READ THE GOSPEL for the First Sunday of Advent (Cycle C) Luke 21:25-28, 34-36

"Be vigilant at all times and pray ..."

■ REFLECT WITH A STORY

Jesus paints a frightening picture in this week's Gospel: the sun, moon and stars are in dismay. The waves of the ocean are being tossed about. Even heaven is shaking! God's very creation—the world in which we live and work—is trying to tell us something, and Jesus is encouraging us to pay attention. God reveals his greatness through creation; creation is beautiful and gives us what we need to live and to eat. But if we do not care for creation today, we may be in trouble in the future.

How do we care for God's creation? In Guatemala, farmers like Inez Ramirez are working hard to care for plants, water and the soil that grows their crops. Like his father before him, Inez is a coffee farmer. But he is facing major challenges. His crops have contracted a fungus known as coffee leaf rust, which is destroying coffee crops across Central America.

Despite losing half his crop, Inez is determined and hopeful. Just as Jesus calls us to "Be vigilant at all times and pray," Inez remains watchful for opportunities and is eager to try new ways of farming. He and his brothers and parents are working through their challenges as one community. "We'll figure out a way," Inez says.

Inez sees God's goodness in creation and takes care of it to help his family and future generations. Jesus also asks us to pay attention to how he is present in the world. We can show our love for Him and for others through the actions we take today.



Photo by Oscar Lelva/Silverlight for CRS

PRAY

Lord, you call us to be watchful because we do not know what tomorrow may bring. We pray that we may be ready to answer your call without delay and help one another along the way. Amen

REFLECT

Inez prepared for the future by recognizing God's goodness in creation and caring for it. How do you care for God's creation in your daily life?

ACT

This week, make a list of ways that you notice God's goodness through creation.

GIVE

Care for creation and support farmers like Inez Ramirez. When you buy ethically produced coffee you help others care for creation.

Visit ethicaltrade.crs.org.

Pray

crs.org/resource-center

Get Inspired
ethicaltrade.crs.org/
community-stories



Audrey Assad: A Eucharistic People

AUDREY ASSAD

'No man is an island, entire of itself.' —John Donne One of the most beautiful teachings the Catholic Church has to offer to an as-ever polarized and divided world is the idea that we are all connected to each other. Embedded...

[READ MORE >](#)



Sarah Kroger: Seeing Ethical Trade Firsthand

'If we have no peace, it is because we have forgotten that we belong to each other.' —Saint Teresa of Calcutta I went to Catholic school from kindergarten through 12th grade. I remember learning about the Church's teaching on social...

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How Becoming a Fair Trade Advocate Led Me Back to Faith

LEAH WISE

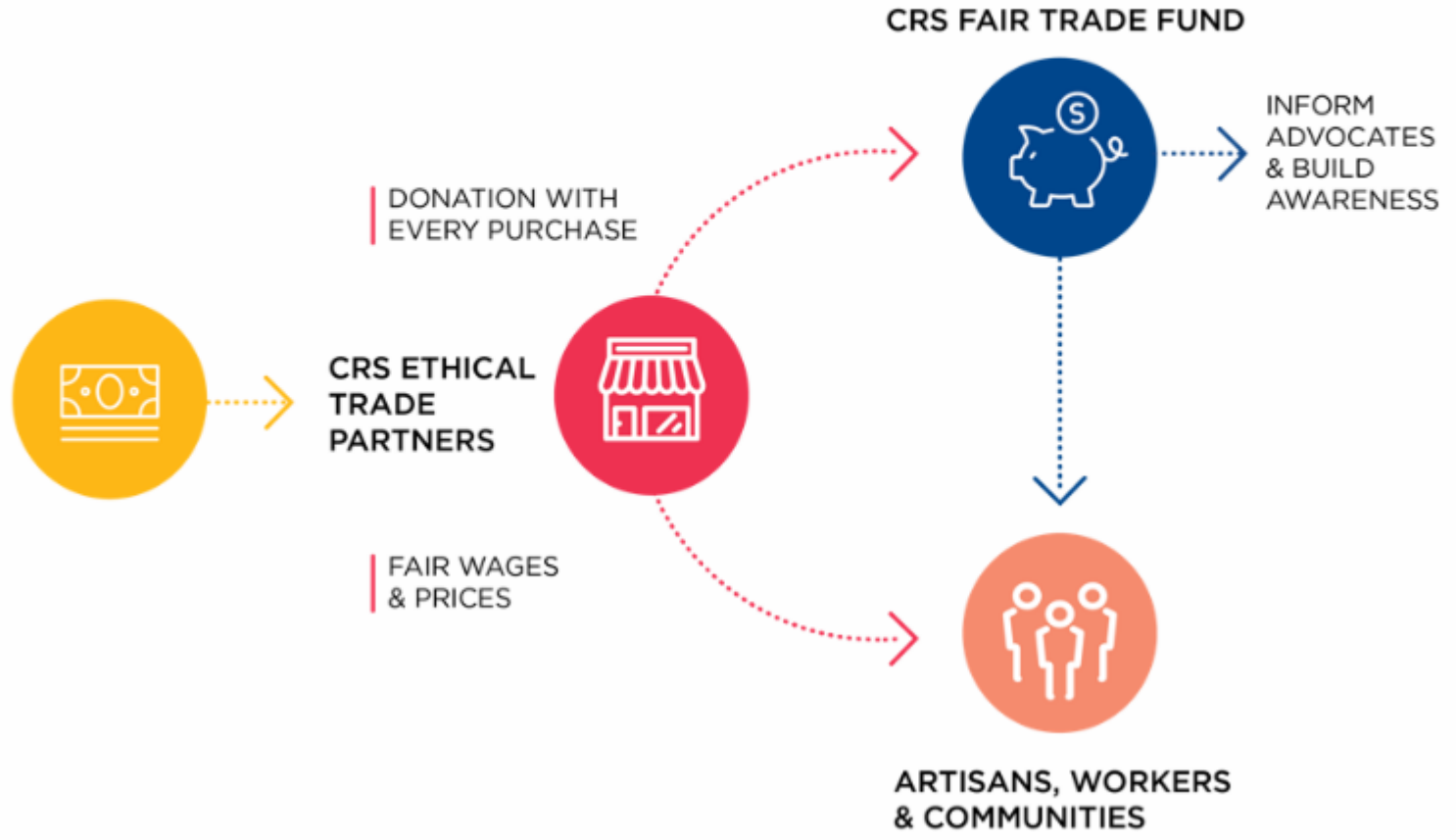
If you've been around the ethical and sustainable fashion space for awhile, you've probably heard your share of origin stories, those personal narratives that describe the moment when someone began to question their consumer choices, asking questions like "Who made..."

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**Alternative
Giving
gifts.crs.org**



The Power of Your Purchase



CRS Ethical Trade Holiday Gift Guide

FASHION

Beautiful colors. And a brighter world.



FOR YOUR WORLD

1- [Chelsea Boot](#) \$228 Nisolo | 2- [Alexandria Scarf- Golden Arrow](#) \$48 Serrv | 3- [Organic Cotton Share the Journey Socks](#) \$12 Maggie's Organics | 4- [Mira Tassel Dress Red Fleur](#) \$86 Mata Traders | 5- [Day Tote Indigo](#) \$45 Causegear | 6- [Kylie Headband](#) [Krochet Kids](#) \$28 Krochet Kids

FOR THE WORLD

Sustainable fashion is produced in safe and healthy working conditions. *Products from: Peru, Egypt, United States, India and Uganda.*

CRS Shop and Serrv



NEW! CRS SHOP & SERRV

Be A Virtual Host! Do you love to organize fair trade sales and fundraise for CRS, but wish you had an option to do it virtually? Our new CRS Shop & Serrv program allows you and your community to shop ...

[LEARN MORE >](#)



**Stay tuned
for all the
links**

ethicaltrade.crs.org

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Facebook Live on Dec 3

ethicaltrade@crs.org

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Questions ?



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For more information:

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