



St. Francis/Laudato Si' Climate Action Pledges

Need a little more inspiration to get started on your St. Francis/*Laudato Si'* Pledge? Here are some articles and websites with climate actions and creation care tips to help on your *Laudato Si'* journey for our common home.

Want to report your pledge so that we can tally Catholic climate action? Please [fill-out this form](#) with your pledge.

- [Calculate my carbon footprint](#) and [find ways to reduce](#) it by at least 10% in the next year
- Be a part of a [Catholic Youth and Young Adult climate action program](#)
- Stop using disposable plastic bottles, bags, straws, cutlery and cups! Say NO to single-use plastic.
See: [Reducing Plastic Waste and Moving Beyond a Throwaway Culture](#)
[How Can Parishes Reduce Plastic Waste?](#), NCR EarthBeat
[NCR Podcast: Reducing Plastic Waste](#)
[Plastic and the State of Our Souls](#), Sojourners
- [Walk, cycle, carpool, or use public transport](#)
- Plant pollinator-friendly flowers and spread wildflower seeds.
See: [St. Kateri Habitat Program](#)
[Minnesota Will Pay Homeowners to Replace Lawns with Bee-Friendly Wildflowers, Clover and Native Grasses](#)
- Switch to renewable energy
See: [Catholic Energies](#)
[What Are Some Ways Parishes Can Acquire Solar Panels?](#), NCR
[Laudato Si' urges us to transition to renewable energy](#)
- Go meatless on Monday and/or Fridays (at least)
See: [How Our Food Choices Can Save the World](#)
[Mercy Meatless Mondays](#)
- [Reuse, recycle, reduce](#) my consumption of resources

- [Use less water](#)
See: [Running Out of Drinking Water video](#)
- [Speak to my elected officials about climate change](#)
- [Fly less and offset travel when possible](#)
- Plant at least two trees this year
See: [2019 Feast of St. Francis Program](#) and [Grow Clean Air Tree Planting Service and Prayer](#) from Catholic Health Association
- [Wash clothes in cold water and hang-dry clothes](#)
- [Install a programmable thermostat](#)
- [Replace appliances](#) with Energy Star rated ones
- [Replace incandescent and compact fluorescent lights with LED lights](#)
- [Reduce my food waste](#)
See: Ignatian Solidarity Network's [Lent Mini Food Waste Challenge](#) and [Mercy Earth Challenge, Just Food \(Week 4\)](#)
- [Compost leaves and food waste](#)
- Start conversations about climate change with family and friends
See: [Communicating Climate Change to People of Faith](#), Catholic Climate Covenant webinar
 - [The Most Important Thing You Can Do to Fight Climate Change: Talk About It](#)
 - [A Better Way to Talk About Climate Change](#)
 - [How to Talk to Kids About Climate Change](#)
 - [Courageous Conversations about Climate Change](#)
- [Start/join a Creation Care Team in my parish or school](#)
- Call upon political candidates to take climate change seriously
See: [Forming Consciences for Faithful Citizenship from the U.S. Conference of Catholic Bishops.](#)
- [Pray for our common home](#) and all Earth protectors
- Participate in national, international, local, church, community, family or individual events that lift up care for creation.